**Job Description**

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| **Job Title:**  **Salary:**  **Hours:**  **Location:**  **Responsible to:** | Wellness Pioneer  £14,196 per annum  21 per week  Rothwell Hall, Farrindgon Lane, Ribbleton, PR2 6LX  Rev Linda Tomkinson, Rector of Ribbleton |

**Purpose of the role**

Are you passionate about seeing people living a life fulfilled as promised by Jesus? We are seeking a committed Christian to join our team in Ribbleton, working from the Rothwell Hall, co-ordinating our Christian holistic support programme, with a focus on whole-person evangelism.

**Core Principles:**

**Holistic Well-being:** Christians are encouraged to care for their physical, mental, emotional, and spiritual well-being, recognizing that these aspects are interconnected.

**Love of God and Others:** A central tenet of Christian wellbeing is loving God and others, which is expressed through actions and service, mirroring Jesus' example.

**God's Provision:** Christians believe that God provides for their needs and offers guidance and comfort, especially during times of difficulty.

**Resilience and Hope:** Even in the face of challenges, Christians are encouraged to maintain hope and resilience, trusting in God's plan and purpose.

**Physical Health:** Taking care of one's body is seen as an act of stewardship, as it is considered a temple of the Holy Spirit.

**Mental and Emotional Health:** Recognizing the importance of mental and emotional well-being, Christians are encouraged to seek help and support when needed, and to practice self-care and mindfulness.

**Spiritual Health:** Fostering a strong relationship with God through prayer, scripture study, and fellowship with other believers is essential for spiritual well-being.

**Community and Relationships:** Strong relationships with family, friends, and church community play a vital role in overall well-being.

**Serving Others:** Engaging in acts of service and compassion towards others is a way to express love and contribute to the well-being of the community.

**Key Responsibilities and Tasks:**

**Support and Guidance:**

* + Providing a ‘safe space’ of welcome for individuals and groups within the Rothwell Hub
  + Create a wellbeing programme of events and activities, providing practical and emotional support to individuals.
  + Helping individuals identify their needs and goals and support them in achieving them.
  + Encouraging and supporting individuals to engage in activities that promote well-being.

**Liaison and Referrals:**

* + Networking with organisations to support the wellbeing programme.
  + Working with other professionals and agencies to coordinate care.
  + Making appropriate signposting or referrals to relevant agencies and services.
  + Providing information and guidance about available resources.
  + Work in a community setting to address health and wellbeing needs.

**Promoting Independence and Empowerment:**

* + Supporting individuals to build confidence and take control of their lives.
  + Encouraging participation in community activities.
  + Promoting positive and healthy lifestyles.

**Record Keeping and Reporting:**

* + Maintaining accurate records of interventions and progress.
  + Preparing reports as required.

**Wellness Programme Specific Contexts:**

**Mind**

* + Develop and deliver Christian Meditation workshops.
  + Promote a positive mindset through fun group activities.
  + Social prescribe to activities that are good for mental health

**Body**

* + Set up and deliver food provision to the local community with a focus on healthy eating.
  + Through collaboration with Let’s Grow Preston – promote ‘seed to harvest’ growing initiatives for the home.
  + Resource and deliver healthy cooking classes.
  + Resource and deliver fitness initiatives for all ages.
  + Promote wellbeing through walking and exercising.

**Soul**

* 1. Deliver Enquirers Courses introducing the Christian Faith
  2. Engage with current congregation members to encourage participation in the wellness programme.
  3. Resource and deliver prayer group sessions focussing on Healthy Mind, body and soul
  4. Deliver initiatives involving caring for creation such as litter picking, bug hotel creation, recycling and repurposing / reusing.

**Training**:

Post holder will be subject to checks and must complete safeguarding training and engage with the Diocesan Mission Enabler regarding mentoring and further training.

**Key relationships**

* Employed by the PCC of Ribbleton Parish, overseen by the Rector
* Line managed by Pete Tomkinson, Church Army Evangelist
* Become a Trustee of the Rothwell Trust
* Networking with all parish ministries across all three locations.
* Networking with other Ribbleton organisations and individuals
* Lay Pioneer training and Networking with Blackburn Diocese

**Person Specification**

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| **Criteria** | **Essential/Desirable** | **Assessed by: Application/Interview** |
| **Qualifications and experience** | | |
| **Communication Skills:** Strong verbal and written communication skills. Education to GCSE or equivalent (English grade C or above). | **Essential** | **Application/Interview** |
| **Problem-Solving Skills:** The ability to identify and address issues effectively | **Essential** | **Application/Interview** |
| **Teamwork Skills:** The ability to work both individually and collaboratively with other professionals, and understand that the weight of responsibility does not weigh on the post-holder but knowing when to refer and bring in other support | **Essential** | **Application/Interview** |
| **Organisational Skills:** The ability to manage time and workload effectively | **Essential** | **Application/Interview** |
| **Confidentiality:** Experience of working with confidential information. The post holder will work within the confidentiality ethos of the team. | **Essential** | **Application/Interview** |
| **Food Handling**  Experience of food handling in a professional context. | **Desirable** | **Application** |
| **Experience of leading initiatives** | **Desirable** | **Application/Interview** |
| **Confident in administration tasks** | **Essential** | **Application/Interview** |
| **Confident in ICT e.g using Microsoft word/outlook** | **Essential** | **Application** |
| **Personal Qualities** | | |
| **Empathy and Compassion:** The ability to understand and connect with individuals' experiences. | **Essential** | **Application/Interview** |
| **Knowledge of Mental Health and Wellbeing:** An understanding of social, health and economic challenges that we face in our Parish | **Essential** | **Application/Interview** |
| **Christian Ethos:** Given the nature and context of the work, it is an occupational requirement that the post holder should be a communicant member of the Church of England or a full member of a church within Churches Together in Britain and Ireland, in order to fulfil the main purpose of the post. This post is therefore exempt under Schedule 9 of the Equality Act 2010. | **Essential** | **Application/Interview** |
| **Safeguarding:**  **Experience of safeguarding practices.**  The post holder must ensure that all activities that support vulnerable adults and children, do so, in accordance with the Parish Safeguarding Policy. | **Essential** | **Application/Interview** |

**Outline of Terms and Conditions**

**Employer:** Ribbleton Parish

**Contract type:** Permanent

**Salary:**  £14,196 per annum

**Hours**: This is a part-time role based on a 21 hour working week, but the post holder may be required to work additional hours as to meet the reasonable requirements of the role. The post holder will be entitled to time off in lieu for attending meetings outside normal office hours which may include evenings and weekends.

**Location**: The post holder will be based at the Rothwell Hall, Farringdon Lane, Ribbleton, PR2 6LX

**Pension:** A workplace pension is available with employee 5% contribution and employer 3% contribution

**Annual leave**: 20 days + 8 bank holidays per annum (pro rata for part time employees)

**DBS:** Appointment is subject to an enhanced DBS check.

**Probationary period**: 3 months

**Notice Period:** 1 month

**Expenses:** to be agreed by the PCC

**Right to work**: The post-holder must have the right to reside and work in the UK.

**Diversity - The Diocese of Blackburn believes that diversity enables us to thrive and develop and is committed to race equality, welcoming applications from UK Minority Ethnic/ Global Majority Heritage backgrounds**

**The Diocese of Blackburn is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All post holders and volunteers are expected to share this commitment.**